



PENDULUM SET

How to use your pendulum:

1. Clear your mind, relax and think of the question you would like an answer to.
2. Cleanse your pendulum by passing it through incense or sage smoke or by placing them on or near a piece of selenite.
3. Steady your arm and hold your pendulum in your hand and allow yourself to become still.
4. Ask your pendulum to show you the way it will swing for "yes" and for "no". This will usually be forwards and back for yes and side to side for no but it may be clockwise/anticlockwise or something else.
5. Test the pendulum by asking it some questions you already know the answer to eg. "my name is..." or "I am wearing a XX coloured top" etc.
6. Ask your question aloud or in your mind and watch which way the pendulum swings to get your answer.
7. If you are using a pendulum board, hold your pendulum over the centre and ask your question. Whichever word your pendulum swings over on the board is your answer.
8. Keep your pendulum in a protective pouch when not in use.